

# Paul cooks up taste of the Caribbean

Report by **Louisa Austin**

AN exciting new venture has come to Maghull with the opening of a Caribbean style pop up restaurant.

Owner Paul Rowe, 43, was born in St Vincent around 100 miles west of Barbados and feels Maghull is ready to sample traditional authentic Caribbean food.

Paul has lived in Maghull for the past five years with his family but previously lived in London where he worked in several restaurants.

Paul, whose mum is from St Vincent and his dad from Jamaica said: "Food is my passion and I want to share my family recipes with other people.

"I am proud of my heritage and think that the flavours and style of cooking that is unique to Caribbean food is something that everybody can enjoy.

"The food is all made fresh and I make all the sauces and dishes myself.

"Caribbean food is homely and hearty and is packed full of flavour.

"My signature dish is jerk chicken



**Paul with one of his dishes**

which I marinate overnight in a home made jerk sauce and then serve with a jerk gravy.

"Many people have never tried Caribbean food before so please come and join me for a taste of the sunshine right here in Maghull."

Caribbean Fusion is open at Scrummies Cafe at Tree View Court, Station Road, Maghull.

It will then open up on the last Saturday of every month.